



Afternoon Enrichment Program

Sundial Classical Farmstead is a four-day a week program that follows the principles of Charlotte Mason, a 19th century English education reformer who believed children learn best when just a few key things are at the core of their program: good literature, lots of time outside, and exploration of the arts in order to experience beauty, goodness, and truth in tangible ways. Our academic morning program is a rigorous, classical education that includes Latin, phonics, literature, math, science, history and geography. Here is a description of our afternoon program:

12:00-1:00 Lunch & Leisure - Students need free time to relax, play, and imagine. They need unstructured time to practice navigating social skills without adult supervision. Adults, also, need a true rest in the middle of the day in order to provide a high-quality afternoon. For this reason we will take a full hour each day for lunch and leisure. Students will be expected to play outside during recess, weather permitting.

	1:00-2:00	2:00-3:00
Monday	Domestic Common Arts	Dance
Tuesday	Latin & Literature	Art & Theater
Wednesday	Outdoor Common Arts	Vocal Performance
Thursday	Nature Walk and Applied Science	

Lesson Descriptions

Domestic Common Arts - each trimester students will focus on a new skill. Examples may include: sewing, origami, baking, food preservation, or quilting. We will go slow and teach foundational skills to mastery. Our goal will be one finely finished product or developed skill after 12 weeks of guided practice.

Dance and Choir - each trimester students will collaborate with their instructors to bring a work of children's literature to life. Students will learn fundamentals of dance and choral singing. They will also learn the basics of choreography and song adaptation. Our goal will be a parent performance every 12 weeks to showcase a range of music, movement, and literary skills. It is recommended, but not required, that students attend both the Dance and Vocal singing sessions.

Latin & Literature - a multi-age class of students, led by an instructor, will learn Latin via the Song School Latin curriculum for 30 minutes of this hour-long session. The second half-hour will focus on Literature and Narration. Students will practice listening to a classical work read aloud to them by their instructor, and then narrating back what they heard and remembered. Altogether this class builds vocabulary and refines auditory processing and memory skills.

Art & Theater - each class begins with a 10 minute Artist Study and Art History lesson focused on the work of one artist each trimester. Over time students compare multiple prints of each artists' works to analyze concepts such as perspective and mood. After the Artist Study, the class continues with instruction in art fundamentals. Students will be introduced to a variety of methods and media including: watercolors, ink, charcoal, and mixed-media collage. The second half of this class will be spent adapting a work of literature into a play. Students will help write the script and stage directions, create the scenery, and learn their lines for our end-of-trimester parent performance.

Outdoor Common Arts - this class will take place primarily outside and will change with the seasons. Examples may include: gardening, carpentry, winter sports, or blacksmithing. We will go slow and teach foundational skills to mastery. Our goal will be one finely finished product or new skill after 12 weeks of guided practice.

Science and Nature Study - this class will change with the seasons. A Woldumar naturalist will lead the group on an hour-long nature walk studying the botany and biology of the nature center's 180 acres of woodlands, meadows, and wetlands. Then, the class continues with applied science experiments either in nature or in the classroom to deepen the students' understanding of key concepts.

Note: We will ensure lesson activities are age-appropriate. We are aware that some 5- and 6-year-olds may not have the focus and stamina for an hour-long lesson. So, we will provide additional, related activities for younger children to enjoy when they finish the main lesson.